

Days Lane's Physical Education Curriculum

Subject Intent

- At Days Lane, we recognise the importance of Physical Education to a child's physical, cognitive, social and emotional development, as well as the role it can play in a child's spiritual, moral and cultural development.
- We aim to develop a fun, high-quality physical education curriculum that inspires all pupils to succeed, whilst also providing opportunities for them to excel in competitive sports.
- Our children will have opportunities to compete in sport and other activities that build character and help to embed our school values of respect, responsibility, resilience, compassion, community and excellence.
- We are committed to supporting the health and wellbeing of our children and understand the impact physical activity and sport has on this.
- We will provide opportunities for pupils to become physically confident in a way which supports their health and fitness.
- At Days Lane we recognise the importance placed on PE lessons; we also have a wider curriculum offer which includes the opportunities for pupils to take part in extra-curricular sports and activity clubs and competitions.

Subject Implementation

- The Early Years Foundation Stage (EYFS) equips pupils with the relevant knowledge and skills to enable them to access the PE curriculum in KS1.
- Our PE curriculum provides pupils within EYFS to undertake daily physical exercise within their teaching unit, through continuous provision, including the recent development of our outdoor area and forest schools area.
- Planning is formed and aligned with the national curriculum.
 - In KS1 the curriculum focuses on fundamental key skills to develop early stages of tactical awareness and physical fitness elements of agility, balance and coordination through the introduction of curriculum content which includes: ball skills and team games, gymnastic and dance activities.
 - KS2 pupils continue to apply and develop a range of skills to enable them to become successful games players, dancers, gymnasts, OAA and athletes.
- The key knowledge and skills that children acquire and develop throughout each block have been mapped to ensure progression between year groups throughout the school.
- PE is taught in blocks throughout the year, twice weekly by members of staff and specialist staff.
- Show Me What You Know (pre-assessments) in the form of observations are used to check existing knowledge and skills at the beginning of each PE topic and this process informs a programme of study that is responsive to children's necessary skill development.
- Teachers cater for the varying needs of all learners, differentiating activities where necessary and as appropriate.
- Further sporting enrichment is provided through: Sports Weeks, Sports Days, Level 1, 2 & 3 competitions and competitive fixtures against other schools.
- Key Skills are reviewed by the children and checked and consolidated by the teacher.
- Assessment takes place in every lesson, with a final end of unit formal assessment. Throughout each unit, teachers video samples of children's outcome at the start, middle and end.
- Home learning tasks are sometimes include a PE/healthy lifestyle task, so that children can consolidate their learning.
- Where possible, meaningful cross-curricular links are made with other subjects e.g. orienteering in Geography.

Subject Impact

As a result of a strong Physical Education curriculum and wider curriculum offer, Days Lane Pupils will:

- Become skilful and intelligent performers
- Acquire and develop skills, performing with increasing physical awareness.
- Learn how to select and apply skills, tactics and compositional ideas to suit activities that need different approaches and ways of thinking.
- Develop their ideas in different ways.
- Set targets for themselves and compete against others.
- Understand what it takes to be resilient, succeed and acknowledge others' success.
- Respond to a variety of challenges.
- Take responsibility, lead activity and focus on improving performances.
- Develop excellence in a broad range of physical activities.
- Lead healthy, active lives within the community.
- Develop positive attitudes to participation in physical activity.
- Engage in competitive sports and activities.
- Embed the school's core values: respect, responsibility, resilience, compassion, community and excellence.